

Of Interest

Vaccines and Immunity:

Interview with Carolyn Libby

By Nancy Camp

The following interview, in which Carolyn Libby shares her perspectives and experiences with vaccinations and the immune system, was conducted by Nancy Camp as a follow up to the Vaccinosis article that appeared in Volume 9, Issue 2 of Natural Horse Magazine, March/April 2007.

NC: As we learned from the article, “vaccinosis” is the term used to describe the multitude of manifestations of a disease that appear in a vaccinated being. What led you to investigate the negative effects of vaccines?

CL: It was “learning disabled” children. I was working as a teacher at the time and was investigating why kids were having difficulty learning. And the more I looked at it; the answer became more and more complex. It wasn’t the need for fatty acids, per se, by itself. It wasn’t a need for vitamin B, just by itself. As I went deeper and further into it, I realized the problem was heavy metals, chemicals, and vaccine damage. I began having quite a bit of success clearing these while working with “learning disabled” children (I call them difficult children) and that includes those diagnosed with autism and Asperger’s Syndrome. As those behaviors cleared, I said, “Hmm, better look at dogs and horses.”

NC: What are some of the health issues you see that are related to vaccinations?

CL: In the horse, the health issues focus primarily on the inability to digest carbohydrates and turn them into fatty acids and store them as glycogen in the muscles. This compromises the muscles. As a result of that, the topline deteriorates. EPM then becomes a certainty, rather than a possibility. The ability to move forward is compromised; the right hind drags or is out of time. The soles of the feet stop cupping and get flatter; particularly the front feet. Just as in difficult children, there is a “paralysis” of the sensory processing and motor processing centers in the brain. Those are the primary equine issues.

NC: We know that vaccines are made to alter the immune system, but how do disease patterns get established in a horse as a result of that horse being vaccinated?

CL: I don’t know that the answer is any different than the previous one. It has to do with the deterioration of the mucosal lining of the GI tract, also ulceration of the GI tract. And if you check most horses these days, most of them are carrying ulcers. It has to do with the increasing inability of horses to cope in multi-sensory environments, creating behavior issues.

NC: Those ulcers aren’t necessarily bad enough or painful enough that the owner is aware of them?

CL: Correct. The horse may be girthy instead.

NC: Girthy? So, this adds another layer to the girthy issue?

CL: Right. There are multiple reasons for horses to be reactive to being girthed, but vaccine damage to the mucosal lining of the GI tract is one of them. Vaccines transmit a disease, one. Two, they transmit an attenuated form of a disease that is unrecognizable and damage is set up in the motor processing and the sensory processing centers of the brain. Horses will become unmanageable in a sensory-rich environment. These are horses that just lose it at a horse show. They become less forward, unmanageable, unable to focus and work through the situation. Same thing with horses on the trail that freak when bicycles or motorbikes appear. The ability to process what is seen, or heard, or felt and the ability to coordinate vision with muscles, or the ability to use both lobes of the brain, is compromised, just as it is with children.

NC: What do you say to people who insist vaccines are absolutely necessary to prevent disease?

CL: Certainly the industry and the Center for Disease Control would like us to think that. In my experience, I have not seen that. What I do see is that the immune system is bashed down to zero percent effectiveness and that I “find the disease”, whether we are talking about rabies in dogs or encephalitis in horses. I feel, and have plenty of confirmation from people associated with the vaccine industry, now retired and certainly nameless, who make the statement, bluntly, that vaccines confer disease and confer an attenuated form of the disease, which is far more complicated and unrecognizable by the immune system or by health professionals. I certainly find that to be true. There are plenty of web sites that deal with vaccine damage. And anybody with Google can bring those sites up.

NC: When you say that you “find the disease”, what do you mean, and how do you find it?

CL: It’s an energetic read. As a medical intuitive, I match negative energy found in an animal, with a frequency of a remedy. And the remedies are named. For example, Western Equine Encephalitis, West Nile Encephalitis, these are names of remedies and I match the frequency to the negative frequency found in the individual. When you pair those up and administer the remedy over a period of time, the behavior of the animal changes; the soles of the feet gain integrity and cup; the digestion gets better; the topline changes.

NC: Can you tell me about the vibrational remedies that you use to clear vaccinosis?

CL: Everything in the universe has a frequency. If we can identify a bacterial infection, for example, anywhere, and give the remedy that has the exact opposite, or 180 degree difference in frequency, to that individual, the two sine waves simply cancel each other out. That’s physics. That’s all we’re doing. The remedies are in structured water. They are very safe; there are no side effects. The sine waves of the pathogen and the sine waves of the remedy are exactly opposite and they cancel each other out.

NC: The article mentions your observation that a mare may contribute heavy metal and chemical toxicity to her unborn foal’s system. What are the effects of this transfer?

CL: When I find that, I find the damage set up in the Central Nervous System (CNS) as opposed to the liver or the salivary glands. When the system has heavy metals and chemicals in it from the very beginning new toxins/heavy metals are not recognized and removed efficiently.

NC: So, they begin life with undesirable levels of heavy metals and chemicals, and things they encounter in their lifetime just increase the toxicity?

CL: Yes, and the thing is that I stumbled on this when I was working with autistic children, particularly those that developed the autism as the levels of vaccinations increased over time. For instance, by the second MMR shot at age 5, that’s when a lot of parents see the light go out of their child’s eyes. And those children, who always have heavy metal and chemical toxicity in the CNS, for them, I feel, it is the contribution of their mother. So, whenever I find a deeply buried heavy metal/chemical toxicity in animals, my supposition is that the situation is contracted from the dam and subsequent vaccinations have a more negative effect on the individual, creating higher levels of aberrant behavior and compromised ability to function. When they are detoxed, all of that changes and the animal, or individual, becomes normal. The same is true for autistic children, aggressive dogs, and horses with broken down toplines; the same thing happens. When you detox those beings, they become healthy. Now there’s an interesting sideline to this and that is that a researcher recently published a study about the amino acid, metallothionein. He found that this amino acid is not present in autistic children. Metallothionein goes around collecting metals, protecting the individual. My supposition is that the mother’s deposition of heavy metals and chemicals in the CNS, the first part of the fetus that forms, is what prohibits the creation of metallothionein in the individual and the heavy metals are not picked up, identified, and detoxed by the individual in their lifetime.

NC: So that pretty much answers the question of why you place so much stress on the detoxification of heavy metals and chemical toxicity. Is there anything else you would like to add?

CL: Everything is stressed. It isn't just the liver trying to collect it all. Every organ, every system is stressed. We tend to think of our bodies as being bits and pieces. The body is not bits and pieces; it is an integrated whole. What affects one thing, affects everything.

NC: That's a good point and if we want to understand a new approach to health care, we will obviously have to shift some of our basic ideas about the body and its function.

CL: Right.

NC: So, back to the actual vaccines for a moment; the manufacturing process for vaccines uses a variety of disinfectants, stabilizers and preservatives. Is this where the heavy metal toxicity comes from?

CL: The chemical toxicity is typically picked up from the vaccines, or pesticides and herbicides. I find formaldehyde toxicity frequently in vaccinated animals. Some heavy metal toxicity is in vaccines, but I tend to think that more heavy metal toxicity comes from other sources, mainly from our food and water because of agriculture practices in our communities.

NC: So, the relationship between the vaccinations and the heavy metals is indirect?

CL: Yes, I think.

NC: I understand that you are in the process of researching all of this and I appreciate you sharing your insights with us at this point. Back to the idea of the normal concept of vaccinations, that is, the normal paradigm about what they are and how they work. Do you believe that vaccines actually suppress the immune system?

CL: I do.

NC: So, in your opinion, are vaccinated horses more susceptible to disease?

CL: I think so, yes. I think the vaccines set them up for more problems. For example, let's look at West Nile, which is a big deal and a big scare for everyone at present. Nobody wants to see their horse falling down and I don't either. In the non-vaccinated horse that might contract West Nile from a mosquito bite, and I had a horse that did just that, and she had stiff muscles, but that's all. I gave her the remedy and she cleared in a month and she was not staggering around and falling down. Take the horses that have been well vaccinated for encephalitis, these are the horses that, when the mosquito bites, the West Nile compounds with the encephalitis that's already in the body and those are the ones that are in real trouble neurologically. And isn't it interesting that we aren't hearing much about West Nile horses staggering lately? Now we have horses staggering around from Equine Herpes No. 1, a neurological form. And where did that come from?

NC: Good question. Where do you think it comes from?

CL: I'm going to say that it comes from man's manipulation of the environment. There are a lot of wild things occurring. For example, with respect to infections that one gets from ticks and one gets from pfiesteria, which is a big problem in the Chesapeake Bay area. One very courageous researcher figured out that the organisms themselves, the spirochetes, or the pfiesteria organisms, excrete a neurotoxin as a self protecting mechanism. This researcher was able to tie the pfiesteria outbreaks to the contamination of the river and bay bottom by agriculture practices, which introduced fungicides and herbicides to the watershed area. I think that's what's happening.

NC: What is your take on the typical vaccination protocol recommended for the population at large? (Children? Horses? Dogs?)

CL: I cannot recommend any vaccines. We haven't even covered the contamination issue. All vaccines, human and animal, are contaminated with mycoplasma. The human community will be aware of something called Gulf War Syndrome. I'm fairly confident that we can tie that Gulf War Syndrome to the vaccinations the people received on their way out of the country. There was a mycoplasma present in those vaccines and the unusual feelings, behaviors and physical symptoms that the people experienced upon return to this country were just horrendous. None of them were the same, really, there wasn't a pattern and that's the way mycoplasmas work. They don't create symptoms of their own; they just make whatever you have worse. So, I can't recommend any vaccines. It would be one thing, perhaps, if there was a true serum in there that could talk sweetly to the immune system, but as they are now, they are contaminated with mycoplasmas, contaminated with chemicals and other toxins, and I can't accept that.

NC: Where does that contamination come from?

CL: From the manufacturing process itself.

NC: That leads nicely to the next question, and we are talking now about horses; when you talk about a horse having a reaction to a vaccine, you are talking about much more than a slight swelling with some heat and soreness at the site of the vaccination. Could you elaborate?

CL: The reaction is a deterioration of all the functions of the system and sets up some paralysis in the processing centers of the brain. And, the damage accumulates over time.

NC: If vaccines do not effectively stimulate the body to create antibodies to protect a horse against a disease, should exposure occur, what do vaccines do?

CL: Let me give you an example of what I noticed. When I was checking horses just after the West Nile vaccine had been released, I saw a lot of muscle damage, including the heart muscle. And now, two years down the road, I don't find that damage from the West Nile Vaccine anymore. What I'm saying is that I think the manufacturers recognized they had a problem and changed the vaccine. In some cases, I suspect that the vaccines don't do anything; certainly nothing to prepare the body to meet an insult.

NC: What do you say to people who get upset, say because I choose not to vaccinate my horse, they believe I am putting other animals at risk?

CL: No, that doesn't happen. I test horses in multiple barns. Here's an example. In one barn there were horses who had completed the recommended remedies, others were halfway through the process, and some had not taken remedies. Something came through the barn that caused discharge from the eyes and many had mucky eyes. The horses that were in process with the remedies were out of the eye inflammation in two days. The horses that had taken remedies and were clear, never got it. That's the sort of thing that occurs. The reason those horses didn't come down with anything is that their immune systems were working. That's the point; to have a strong immune system.

NC: Another popular line of thought is that, say, I can get away with not vaccinating my horse because other people do vaccinate their horses and I'm just lucky mine don't get sick.

CL: Doesn't work that way.

NC: How can concerned caregivers go about repairing the damage done by vaccinations and the practice of over-vaccinating?

CL: Keep their horse's immune system at one hundred percent and they won't have any difficulty.

NC: And are there methods for this above and beyond the remedies?

CL: I always say to my clients, "Let's do a recheck every winter to make sure the immune system is at a hundred percent." They can use any method they want to insure a healthy immune system. The bottom line for me is that it maintains at one hundred percent.

NC: Okay. And the recheck would be another energetic reading.

CL: Yes.

NC: You believe vaccine damage can be cleared and that changes in the well being of the horse who has been cleared are obvious and noticeable. What kinds of changes have you seen, in summary?

CL: Improved ability to stride equally behind, to lift the topline, to move into an appropriate frame willingly, a GI system that functions without problems, the soles of the feet cup.

NC: As we saw in the vaccinosis article.

CL: And personality shifts. The interaction between the horse and their person improves. The horse can go anywhere and be around any type of stimuli and manage fine.

NC: Well, Carolyn, thank you. All of this is fascinating and I'm hoping that a lot of people will become curious enough to do some serious investigation into the negative effects of vaccines and the practice of over-vaccinating on behalf of their animals and themselves.

CL: Thank you.

About Carolyn Libby:

Carolyn Libby taught in the public school system for over 25 years. She holds a master's degree in Early Childhood Education from the University of Southern California, and received a B.S. from the University of California at Berkeley. She also holds a master's degree in integrative health science from Capital University of Integrative Medicine in Washington, D.C. Carolyn is a One Brain facilitator, a Neural Organization Work practitioner. She also employs Reiki, herbalism, and hypnotherapy. She includes Plant Spirit Medicine, aura readings, and nutritional counseling in her practice. She lives in rural Oregon with 1 cat, 2 standard poodles, and 5 horses. clibby@purplechanges.com, www.purplechanges.com

About Nancy Camp:

Nancy Camp is a trainer and riding instructor. She practices outside the paradigm of traditional horse management and seeks to establish a new, loving paradigm for horse care. She teaches workshops in Clicker Training, and High Touch™ Jin Shin. She also presents EquiMotion, Feldenkrais® Integrated Riding Workshops with Robert Spencer, a Guild Certified Feldenkrais Teacher®. For information: www.wholehorsetraining.com

